



11 TH CENTRAL ASIA REGIONAL CONGRESS

MWIA

Medical Women's International Association (MWIA)
And Association of Medical Women in India (AMWI)

In Association with

The Mumbai Obstetrics and Gynaecology Society (MOGS)



Ascent towards Women Empowerment !

4, 5, 6 December 2026

Venue : College of Physicians & Surgeons,
Near ITC Grand Central, Parel, Mumbai, India
Dr Babasaheb Ambedkar Rd, Parel,
Mumbai, Maharashtra 400012

Namaste !

from the Vibrant City of India,

MUMBAI



Welcome to Mumbai

a city of dreams, colors, and endless energy.

Welcome to Mumbai ,India a city of dreams,colours and endless energy The Economic Capital of India.

It is with great pride and immense pleasure that we welcome you to the Central Asia Region ,MWIA Congress 2026, an inspiring global gathering of professionals, leaders, and changemakers committed to advancing women's health, leadership, and empowerment.

Set against the vibrant and dynamic backdrop of **Mumbai, India**, CARC 2026 brings together national and international delegates to exchange knowledge, share experiences, forge meaningful collaborations, and create new possibilities for the future.

Inspired by our theme,“Ascent towards Women Empowerment” the Congress represents a collective journey towards greater knowledge, stronger leadership, meaningful opportunity, and positive change. We believe that when women are empowered, voices are amplified, communities are strengthened, and societies move forward.

Through outstanding scientific deliberations, inspiring conversations, and the coming together of diverse perspectives from across the world, we hope CARC 2026 will be more than a Congress—it will be a celebration of collaboration, courage, leadership, and possibility and cultural exchange.

We warmly invite you to join us in Mumbai as we *learn together, connect across borders, inspire one another, and rise towards a future where every woman has the opportunity to thrive.We extend a warm welcome to CARC Congress 2026.

Welcome to India.

With warmest regards,

Organising Chairperson

Dr. Mandakini Megh ● Dr. Vandana Walvekar ● Dr. Shailesh Kore

MWIA office bearers



Dr. Amany Asfour
President,
MWIA



Dr. Mariam Jashi
Secretary General
MWIA



Dr. Mandakini Megh
President, AMWI India
President Elect,
MWIA



Dr. Vandana Walvekar
Vice President,
Central Asia Region,
MWIA



AMWI - Office Bearers



Dr Mandakini Megh
President,
AMWI India



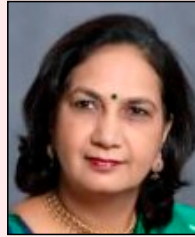
Dr Suvarna Khadilkar
Hon Secretary
AMWI India



Dr Bulbul Rai Chaudhari
Vice President



Dr.Nalini Kurvey
Vice President



Dr.Sarita Bhalariao
Hon.Treasurer



Dr.Gauri Karandikar
Hon.Joint Secretary



Dr. Baijayanti Baur
Editor

AMWI Mumbai Office Bearers



Dr.Purnima Satoskar
President



Dr.Nidhi Gandhi,
Hon Secretary



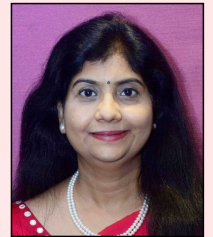
Dr.Nupur Chakraborty
President



Dr.Mary Dacruz
Hon Secretary



Dr.Anjalee Chivane
President



Dr.Gira Soni
Hon Secretary

AMWI West Bengal Office Bearers

AMWI Nagpur Office Bearers

THE MUMBAI OBSTETRICS AND GYNAECOLOGY SOCIETY OFFICE BEARERS



Dr Shailesh Kore
President,
MOGS



Dr Sujata Dalvi
Secretary
MOGS



Dr. Geetha Balsarkar
President Elect



Dr. Kedar Ganla
Vice President



Dr. Rajendra Nagarkatti
Joint Secretary



Dr. Parikshit Tank
Treasurer



CARC Conference 2026 - Organising Committee



Dr. Mandakini Megh
Organising Chairperson



Dr. Vandana Walvekar
Organising Chairperson



Dr. Shailesh Kore
Organising Chairperson



Dr. Usha Saraiya
Advisors



Dr. Yamini Alsi
Advisors



Dr. Bulbul Raichaudhari
Organising Vice Chair



Dr. Nalini Kurvey
Organising Vice Chair



Dr. Suvarna Khadilkar
Organising secretary



Dr. Geeta Balsarkar
Organising secretary



Dr. Purnima Satoskar
Organising secretary



Dr. Sujata Dalvi
Organising secretary



Dr. Sarita Bhalerao
Treasurer



Dr. Gauri Karandikar
Joint Organising
Secretary



Dr. Anjali Chivane
Joint Organising
Secretary



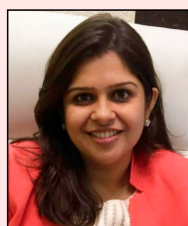
Dr. Nupur Chakraborty
Joint Organising
Secretary



Dr. Priya Vora
Joint Treasurer



Dr. Gira Soni
Joint Treasurer



Dr. Nidhi Gandhi
National Corresponding
Secretary



Dr. Mary D'cruz
National
Corresponding Secretary



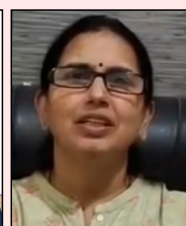
Dr. Rajeshree Katke
Govt Coordination &
Public Awareness



**Dr. Shashibala
Bhonsle**
Govt Coordination &
Public Awareness



**Dr. Monica
Umbardand**
Govt Coordination &
Public Awareness



Dr. Mangal Rathi
Govt Coordination
& Public
Awareness



Dr. Laxmi Shrikhande
Registration &
Reception



**Dr. Bakhtawar
Vajifdar**
Registration &
Reception



**Dr. Sushmita
Bhatnagar**
Registration &
Reception



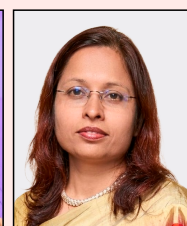
Dr. Baijayanti Baur
Souvenir



Dr. Usha Dave
Souvenir



Dr. Sonali Deshmukh
Young AMWI



Dr. Prajakta Gurude
Young AMWI



11TH CENTRAL ASIA REGIONAL CONGRESS

MWIA



Workshops

4th December 2026

Artificial Intelligence in Health Care

Violence Against women and girls

Mental health and Building Resilience

Preventive oncology and Cytology

Public Forum

Menstrual health and hygiene
and Eco-friendly Sanitation



Gala Banquet Dinner & Cultural program

5th December 2026

Venue : National Sports Club of India, Worli, Mumbai



CARC Executive Meeting

4th December 2026 • Time - 6 Pm To 7.30 Pm

Venue : C K Naidu Hall, Cricket Club of India,
Churchgate, Mumbai

Conference Registration Form – Indian Delegates

PERSONAL DETAILS

Name:

Qualification and Speciality -

Institution:

Name of HOD and college (for post graduate students) -

City: State:

Mobile: Email:

AMWI/MOGS Membership Number:

Registration Categories IN INR (Including GST)

Category	Early Bird till 30/09/2026	REGULAR TILL 31/10/2026	AFTER 01/11/2026 AND SPOT
AMWI Member / MOGS MEMBER	₹ 7000 + ₹ 1260 ₹ 8260	₹ 8000 + ₹ 1440 ₹ 9440	₹ 10000 + ₹ 1800 ₹ 11800
NON AMWI/ MOGS MEMBER	₹ 8000 + ₹ 1440 ₹ 9440	₹ 9000 + ₹ 1620 ₹ 10620	₹ 12000 + ₹ 2160 ₹ 14160
POSTGRADUATE STUDENT	₹ 4500 + ₹ 810 ₹ 5310	₹ 5000 + ₹ 900 ₹ 5900	₹ 6000 + ₹ 1080 ₹ 7080
WORKSHOPS	₹ 1000 + ₹ 180 ₹ 1180	₹ 1500 + ₹ 270 ₹ 1770	₹ 2000 + ₹ 360 ₹ 2360
ACCOMPANYING PERSON	₹ 4500 + ₹ 810 ₹ 5310	₹ 5000 + ₹ 900 ₹ 5900	₹ 6000 + ₹ 1080 ₹ 7080

Banquet Registration

- Banquet Ticket (Optional): ₹3,000 per person
- Number of Banquet Tickets Required :
- Fees include conference access, scientific sessions, meals & delegate kit
- GST applicable as per government norms
- Students must provide valid ID proof

**BECOME
A MEMBER OF AMWI**

JOIN THE NETWORK
OF EMPOWERING
MEDICAL WOMEN
& GAIN SPECIAL
CONGRESS RATES



<https://amwiindia.com/membership/>

Abstract Submission

- ☐ Oral Presentation
☐ Poster Presentation

☐ Online ☐ Physical

Abstract Title :

Payment Details

Amount Paid :

Transaction Reference No. :

Date of Payment :

Theme papers

- Mental health in women
- NCD in women
- Menstrual health and hygiene
- Violence against women and girls
- Medical and Surgical Emergencies in women
- Geriatric health
- Miscellaneous

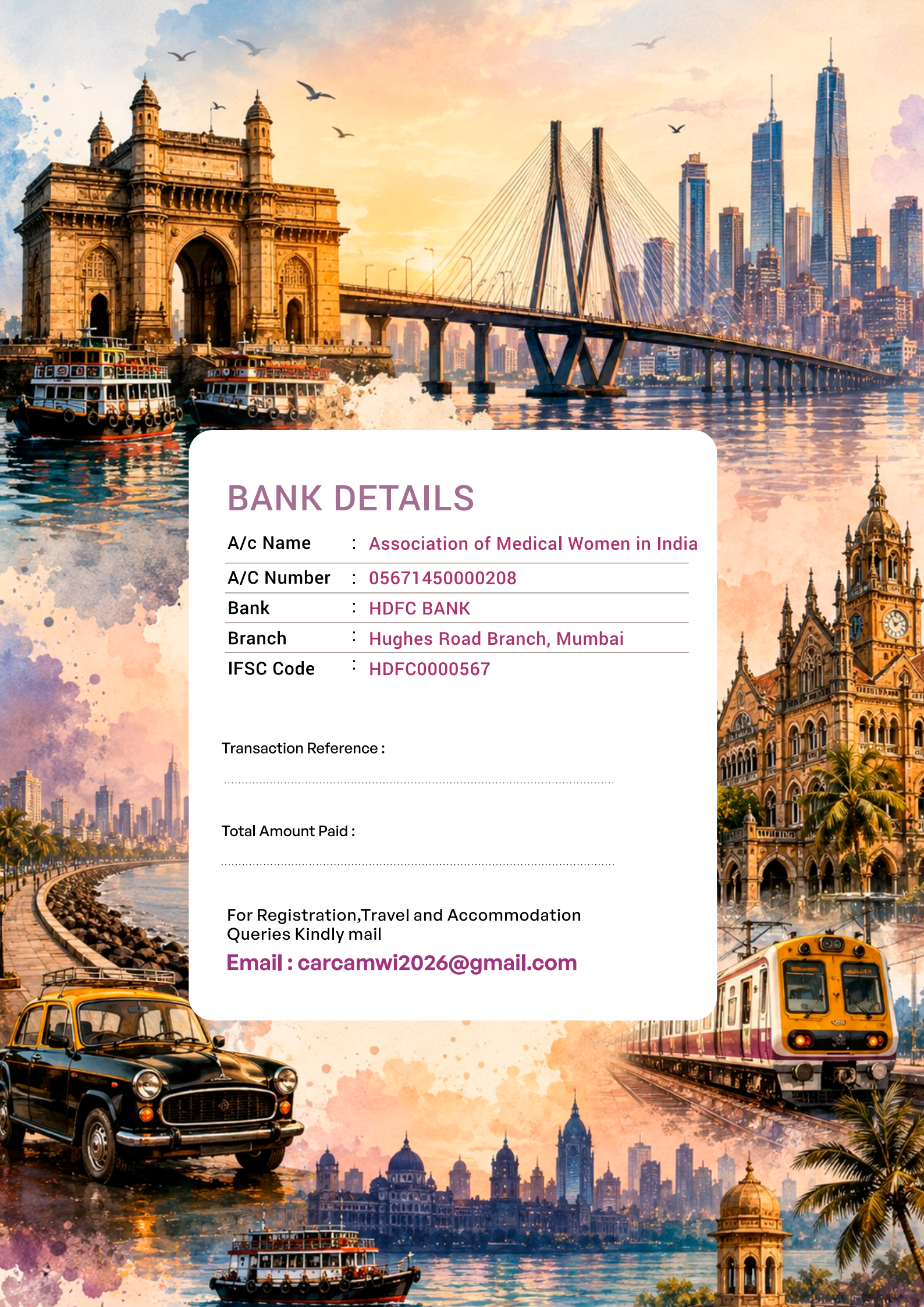
**Last date for
abstract submission
for Free Papers is
31st October 2026**

Declaration - I certify that the information provided above is correct
and agree to abide by the rules and regulations of the conference.

Date :

Signature :

Kindly check amwiindia.com for abstract submission details and
email to - abstractscarcamwi@gmail.com



BANK DETAILS

A/c Name : Association of Medical Women in India

A/C Number : 05671450000208

Bank : HDFC BANK

Branch : Hughes Road Branch, Mumbai

IFSC Code : HDFC0000567

Transaction Reference :

.....

Total Amount Paid :

.....

For Registration, Travel and Accommodation
Queries Kindly mail

Email : carcamwi2026@gmail.com



CARC 2026 - Delegate Accommodation & Mumbai Visitor Guide

11th Central Asia Regional Congress of the Medical Women's International Association
4-6 December 2026 | College of Physicians & Surgeons (CPS), Parel, Mumbai

ACCOMMODATION AND TRAVEL

LUXURY (★★★★★)

Hotel	Distance
ITC Grand Central	1 km
Trident, Nariman Point	10 km
The Oberoi Nariman Point	12 km
Trident BKC Mumbai	13 km
InterContinental Marine Drive	10 km
Taj Lands End	12 km

Business (★★★)

Hotel	Distance
Bawa Regency	2.5 km
Hotel Amigo	4 km
Hotel Hiltop	5 km
Pals Hotel	1.5 km

Must-See Places in Mumbai

- Gateway of India
- Marine Drive
- Chhatrapati Shivaji Maharaj Terminus (UNESCO)
- Elephanta Caves (UNESCO)
- Kala Ghoda Art District
- Haji Ali Dargah
- Nehru Science Centre
- Taraporewala Aquarium
- Hanging Gardens
- Sanjay Gandhi National Park
- Phoenix Palladium & High Street Phoenix
- Colaba Causeway and Crawford Market

Premium (★★★★)

Hotel	Distance
Bloom Hotel Worli	3 km
Staywood Suites	4 km
The Kin Hotel	4 km
Hotel Marine Plaza	11 km

Budget (★★)

Hotel	Distance
Treebo Hiramani	1.5 km
Hotel City Point	3 km
Hotel Rooms	4 km

Economy Accommodation

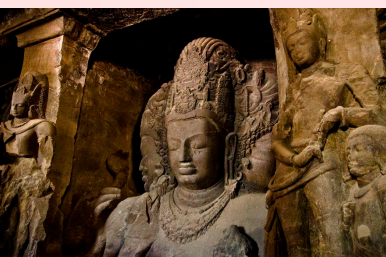
Dadar Catering College Guest House (subject to availability)
YMCA / YWCA Guest Houses
Budget serviced apartments
Airbnb options in Parel, Dadar and Worli

Popular Heritage Walks

- Kala Ghoda Heritage Walk
- Fort Heritage Walk
- Banganga Heritage Walk
- Byculla Heritage Walk

Transport

- Uber ■ Ola ■ Mumbai Metro
- M-Indicator ■ Chalo
- BEST buses ■ Suburban rail





Suggested Heritage Drive (3–4 hours)

CPS ➤ Haji Ali Dargah ➤ Worli Sea Face ➤ Marine Drive ➤ Nariman Point ➤ Gateway of India
➤ Kala Ghoda ➤ Chhatrapati Shivaji Maharaj Terminus ➤ Crawford Market ➤ Return to CPS

Emergency Contacts

- 112 - Emergency
- 108 - Ambulance
- 100 - Police
- 101 - Fire
- 181 - Women Helpline
- 1363 - Tourist Helpline

Useful Marathi & Hindi

- Namaskar / Namaste - Greetings
- Dhanyavad - Thank you
- Krupaya - Please
- Ho / Haan - Yes
- Nahi / Nahin - No
- Kiti? / Kitna ? - How much
- Kuthe aahe ? / Kahaan hai - Where is this

Weather

- 18–32°C in December
- Light cottons ; light jacket evenings

Currency & Electricity

- Indian Rupee
- Cards & UPI accepted
- 230V 50Hz ; Plug C, D, M

For Booking, please contact
Ambassador Express Holidays Pvt. Ltd
 Email : domestic@ambassadorexp.com
 Mobile : +91 8446809828

